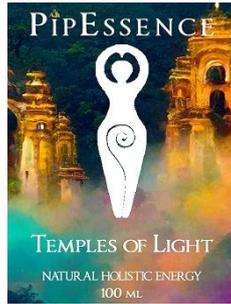


Temples of Light



From the haven of great heights and pure untouched depths, mountains have long been a place for journeying, stillness, expansion and healing. The air, all those meters high up in the sky, tastes different and requires a change in breathing. The vision you see, reveals another perspective and the feelings you experience, bring renewal as you come away from any density on the lower levels.

Experience the elevation and clarity of mind from pristine water-light codes as Four Sacred Mountain ranges from across our Great Mother Earth come together as One, sharing the water-wisdom with us. Feel the pure Divine Grace, as these mountains act as antennas for incoming energies.

Mountains have often been a place for spiritual pilgrimage. Evolved civilisations of many religions have often settled on a mountain for its strengthening properties, protection and connecting with the pulling mysteries of Mother Earth. Many previous sacred souls have sought out mountains for the higher visions and vibrational truth that reside there.

Slopes, ridges, peaks, chambers, caves, karsts, aquifers, plateaus, secret passages, doorways, portal openings all reside within mountains, you could say there is a lot of potential there to connect with your conscious awareness and dreamtime.

So where are these mountain ranges?

- Natural Spring waters from **Machu Picchu** in Peru, South America.
- Headwaters of Sacramento River, on **Mount Shasta**, California, North America
- Three sourced waters from three monasteries in **Meteora**, Greece, Europe
- Two waters from **Tibetan Plateau**, Indus River and Yamdrok lake, Tibet, Asia.

There are vibrations that are so pure and clear from above and from within. In the case of Mount Shasta, these sacred energies were collected from the source at the Headwaters of the Sacramento River, where it has been recorded that this water flow takes fifty years to reach the beginning of the Sacramento River, working its way through from underground until it sees sunlight for the very first time.

These mountains really hold many keys for us to unite and connect more deeply with the energy fields of Mother Earth, as well as remembering our true places of origin. Let these water droplets connect with you personally, in bringing through and birthing new levels of love for our Earth, and conscious growth for the benefit of all, whilst enabling connections with many more messengers and beings of benevolent light.

*So much heart gratitude goes to Clea Gompels, Karin Elder and Sue Coulson, for their extraordinary presence and kindness in collecting and sharing these waters with PipEssence, for the magic from the mountains to come together as One for this Temples of Light water treasure.
With Water Lovelight, Pip~*

The Sacred Waters of the Temples of Light supports:

- assisting in stilling the mind, away from emotional triggers, opening y/our pineal gland and gaining higher mind access.
- purifying, freeing and aligning the inner receptivity within your own body temple.
- receiving the majesty from the mountains as they teach us about self-reliance and love on all levels.
- receiving guidance for inner quests when journeying with each Temple of Light.
- your sacred practice, returning to the light of your own wisdom, as you integrate the deep-seated peace from the mountains.
- journeying through portals, hidden doorways, tunnels or cave systems to reach a connection with Ascended Masters, Illumined Ones and indigenous tribe Elders who have walked here before, to receive their wisdom for our New Earth.
- stepping into the chamber temples to receive the wisdom from Angels, Spirit Guides, the Pleiadeans (the botanical overseers of Earth), Lemurians and the beings from inner crystalline Cities of Light such as Shambala and Telos.
- contributing energetically with grid work, land or water projects adding vibrational support to the hills, cliff, mountains near you.
- receiving the magic and deep healing connections from the mountains, supporting both you and the whole, all the while promoting conscious loving and living.

General suggestions on 'How to use'.

For an instant connection with Temples of Light: Gently share the water droplets into a mountain shape, approx. 7-8 sprays as far as your arm will reach above the crown of your head. Gently close your eyes, as the droplets pass your nose, breathe the droplets in towards your high-heart (thymus) and then visualise the energy moving upward toward your pineal gland and the crown of your head.

For a deeper connection with Temples of Light:

- Settle into your heart, connecting with 100% focus to your sacred breath and then create a pause to feel from the high heart how you want the energies of the droplets to assist. For example, 'I ask these waters to connect me with the stillness within my higher mind. And so, it is'. Or 'I ask to connect with the portals linked with Mount Shasta, so I may meet Lord Adama (or Master Djwal Khul if linking with Tibet), to see, hear any messages from them for my spiritual growth, for the Highest Good of All. Thank you'. Or 'I ask for the Light in these droplets to connect me to the deepest chambers within one of the temple mountains, so I may receive vibrational frequencies that they contain, to clear and lift me to another level of loving myself. Thank you.' Or 'I ask for these water codes to assist me in this resonance shift, so I may experience the insights from the splendour of the temple-mountains.' Or 'I call upon the magic within these droplets to connect with this mountain/ hill and awaken this land mass from slumber, and so it is, thank you, thank you, thank you'.
- Say aloud how you want the droplets to assist (i.e. Your heart's desire), before spraying a two-sided pyramid shape from left or right shoulder over your head to the other shoulder. Then spray this shape again from in front of your body to the back (or vice versa).

- Breathe consciously inwards as the droplets pass your nose and breathe this into your high heart.
- If you choose, then sweep the rest of the droplets around the whole of your body, lifting each foot, sweeping the energy upwards past your spine, so that you are creating a circle of these droplets with the whole of your energy field/Bio-field.
- Pause to receive the splendour, prompts and vibrations, from these mountain ranges. Allow the subtle vibrations to be within you, directing them towards your pineal gland and the crown of your head. Move your body, or sound out loud, or draw if you feel guided. Visualise your light body receiving and glistening with these new octave- pristine water codes.
- You may want to share this water treasure, with the high land near your home with conscious connections to benefit the whole.
- This essence is complementary to energy management practice, visualisation and journeying, active consciousness expansion, inner planes at nighttime, celebrations with the Holy, creating altars, compassion endeavours, self-healing areas, land healing or grid projects.
- Naturally follow what your inner guidance and intuition share with you and be enlightened to communicate on many levels towards the permanent Golden Age of beauty, love, prosperity and peace for All.

Vibrational contents and ingredients.

Each 100ml bottle contains pure Dartmoor water and glacial alcohol as a preservative.

Waters collected from: Machu Picchu, Mount Shasta, Meteora, Indus River, Yamdrok Lake.

Fragrance: Cocoa, Fir, Beeswax, Jasmine and White Lotus (less than 1%).

Further Information or advice:

if you would like further information or advice on The Temples of Light Essence, please do not hesitate to contact us at info@pipessence.com or visit [www.pipessence.com /contact](http://www.pipessence.com/contact)